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Case Report:

Pierre robin syndrome: a case Report

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Abstract:

In 1923 Pierre Robin a French stomatologist documented a disorder which now bears his namesake. Pierre robin syndrome Was originally describes as consisting of Micrognathia(which he termed “mandibular hypotrophy) and glossoptosis(an abnormal posterior placement of the tongue) which result in airway obstruction and feeding difficulties,Today we recognize Pierre robin sequence(PRS). Infants with PRS should be evaluated by multidisciplinary team to assess the anatomic finding, delineate the source of airway and feeding issues Positioning will resolve the airway obstruction 70% of cases. In correct position most children will also able to feed normally. if the infant continues to show evidence of desaturation then placement of nasopharyngeal tube is indicated. Early feeding via nasogastric tube may also reduce the amount of energy needed and allow for early weight gain.

INTRODUCTION:

In 1923 Pierre Robin a French stomatologist documented a disorder which now bears his namesake. Pierre robin syndrome Was originally describes as consisting of Micrognathia(which he termed “mandibular hypotrophy) and glossoptosis(an abnormal posterior placement of the tongue) which result in airway obstruction and feeding difficulties[1],Today we recognize Pierre robin sequence(PRS)

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CASE REPORT:

A 6-year-oldfemale child were broughtby the parents to the outpatient department of oral medicine andradiology with a chief complaint of decayed teeth in upper and lower right and left side posterior teeth region.

On DetailsMedical history of scoliosis and dextrocardia since birth.On respiratory system examination,cardiovascular examination ,Ophthalmological examination are found normal

No family history reported and she was first birth order with no siblings.

On general examination conscious,co-operative,short slature,poor built,asymmetry on right side of face,,deform ear also noted on right side (figure 1,4)

On careful Examination of patient we observe extraorally facial asymmetry on right side of face show receded chin, low set ears, and convex profile characteristic resembling bird face appearance, deviation of spine on left side its suggestive of **scoliosis** and on intraorally high arched U shaped palate, deviation of mandible on right side face, grossly carious teeth, ankyloglossia, absence of condyle, coronoid process, and posterior body of ramus (figure 2,3)

On radiographic examination

IOPA shows maxillary right posterior tooth region deciduous 2nd molar permanent 1st molar show radiolucency involving enamel dentin and approaching toward pulp is seen distal aspect of maxillary 1st molar its suggestive of carious lesion

OPG shows mixed dentition and also loss of mandibular right ramus with condyle, coronoid process its suggestive of partial agnathia of mandibular right ramus, coronoid process (Figure 5)

CT SCAN shows deviation of mandible toward right side within body of ramus, coronoid, condyle process, atrophy of external auditory canal also seen on right side, and a single well defined isodense area seen in left maxillary sinus extending antero-posteriorly lateral wall is sinus to medial wall of sinus and sup inf floor of maxillary sinus to 1cm to superiorly to its suggestive of mucosal thickening Zygomatic arch on right side appear to shorter as compare to left side (Figure 6)

Chest x-ray shows mild scoliotic deformity with convexity toward right side (Figure 7)

2D Echo cardiogram shows situs increase dextrocardia and mild TR

Hemogram shows increase platelets Count, decrease platelet count, Increase RBC, Decrease Hematocrit MCV, MCH, MCHG

RFT shows decrease serum creatinine and bilirubin also bilirubin also decrease

2D Echo cardiogram shows situs increase dextrocardia and mild TR

Restoration of carious tooth i.r.t 16 was done

Considering above finding consulted oral surgeon and prosthodontist to plan for artificial prosthesis for condyle, coronoid and ramus of mandible as well as ear. Patient is under follow up for same.



Figure 1 figure 1 shows short stature **Figure 2** shows high arched palate, carious tooth, malaligned tooth and deviate mandible



Figure 3 shows micrognathia and ear deformity



Figure 4 shows scoliosis



Figure 5 shows absence posterior body of mandible (right side)condyle ,coronoid process

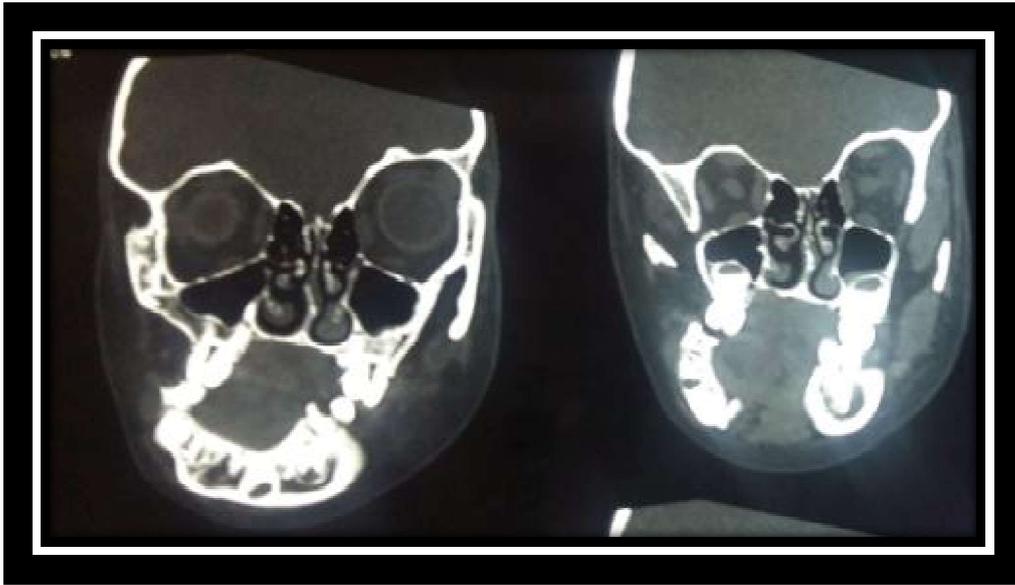


Figure 6: shows absence of condyle ,coronoid and posterior body of mandible(right) and deviation mandible toward right side



Figure 7: shows scoliosis

DISCUSSION:

Pierre robin syndrome patient we observed our patient extraorally facial asymmetry on right side of face show receded chin, lowset ears, and convex profile characteristic resembling bird face appearance, deviation of spine on left side its suggestive of **scoliosis** and on intraorally high arched U shaped cleft palate, deviation of mandible on right side face, grossly carious teeth, ankyloglossia, absence of condyle, coronoid process, and posterior body of ramus

Three pathophysiological theories exist to explain the occurrence of micrognathia:

The mechanical theory, which is the most accepted postulate that their utero constraint of mandibular growth results in failure of descent of tongue which further prevents fusion of palatal shelves resulting in a cleft palate. The neurological maturation theory that suggests by the inability of the developing fetus to engage in mandibular exercise prevents the tongue from descending. The dysregulation theory or the motor and regulatory organization of the rhombencephalon is related to a major problem of ontogenesis[4] Pierre Robin sequence is related to several other craniofacial anomalies and may appear in conjunction with the findings characteristic of several different syndromes. Stickler syndrome, an autosomal dominant condition, is characterized by a short mandibular ramus, antegonial notching of the mandibular body, myopia, and joint problems. Velocardiofacial syndrome is characterized by a retrognathic mandible, palatal abnormalities, hypotonia, impaired thymus development, and cardiac malformations.[6]

Management:

Nonsurgical Management

Prone or lateral positioning will solve the airway obstruction in 70% of cases of PRS. With appropriate positions, many of these children will also be able to feed normally and no further treatment is necessary. If the baby continues to show evidence of desaturation, then placement of a nasopharyngeal (NP) tube is indicated, where the aim of the tube placement is to bypass the site of upper airway obstruction. Chang et al have discussed the technique of creating individualized NP tubes from endotracheal tubes, with the diameter and length chosen according to the infant's weight[1]

Tongue–Lip Adhesion

Tongue–lip adhesion (TLA) was first described by Shukowsky in 1911 and popularized by Douglas in the mid-20th century. The procedure serves to correct the problem of glossoptosis by pulling the base of the tongue forward and suturing it to the lower lip. [14]

Distraction Osteogenesis of the Mandible

Distraction osteogenesis (DO) of the mandible, first described in 1989 by McCarthy, has become popular as the definitive technique to address the issues associated with PRS by relieving airway obstruction, improving facial cosmesis, and correcting malocclusion. The process of mandibular distraction lengthens the jaw in a forward direction, and also indirectly pulls the tongue base anteriorly. As the mandible is projected forward, the tongue is also pulled anteriorly through its muscular attachments on the lingual surface of the mandible. Thus, this technique reverses the sequence of PRS by correcting the micrognathia, which in turn improves the glossoptosis, thereby relieving the obstruction of the airway.[1]

CONCLUSION:

Clinicians must be aware of the fact that Pierre Robin sequence can be associated with a large number of syndromes.

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